

Chronic Care Protocols

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ANNUAL CHECKS: Please use Chronic Care and Tier.net to keep records

Hypertension

eGFR

- Aim for >60

Cholesterol

- Aim for <5 mmol/L

Triglycerides

- Aim for <1.7 mmol/L

ECG

- Aim for normal

24hr Ambulatory BP

- Aim for <140/90 mmHg

Diabetes

eGFR

- Aim for >60

HbA1c

- Aim for <8.5% in >65yrs and <7% in <65yrs

Foot Exam

- Aim for normal

Eye Exam

- Aim for normal

24hr Ambulatory BP

- Aim for <130/80 mmHg

HIV

eGFR

- Aim for >60

Viral Load

- Aim for <50 copies/ml

Pap Smear

- Aim for normal

Screen for

- TB
- ST
- Pregnancy

Refer for home-based Case Management Plan if

- BP <150/100 mmHg
- No proteins in urine

- HbA1c <10%

- Adherent on treatment